## FAQ's:

#### When is the SIP Conference and Retreat?

The SIP Conference and Retreat are held annually, typically the week after Father's Day weekend. The SIP Retreat is held on Friday until Sunday. The conference follows on Monday and Tuesday.

#### Where are the conference and retreat locations?

**The Retreat** has two locations, the Utah State University (USU) Training Center at Bear Lake in Garden City, UT and the Logan Canyon Horse Camp off the 89 N at the Franklin Basin Rd. exit. Directions to the USU training Center and a map can be found:

http://sipconvention.org/includes/map\_bearLake.pdf

Direction to the Horse Camp and a map can be found here:

http://sipconvention.org/includes/map\_Horse.pdf

The conference is held in Logan, UT at Utah State University in the Taggart Student Center, Ballroom-Convention (floor). Directions and maps to Logan and the University can be found here: <a href="http://sipconvention.org/includes/directions\_logan.pdf">http://sipconvention.org/includes/directions\_logan.pdf</a>
View USU campus map to find the Taggart Student Center here: <a href="http://sipconvention.org/includes/directions\_llc.pdf">http://sipconvention.org/includes/directions\_llc.pdf</a>

#### What is the traditional agenda for the retreat and conference?

The agenda outline is based on the traditional annual schedule, is subject to change and used as a general guide. A formal agenda with conference presentation information will be available online as the conference nears.

### **Conference & Retreat Agenda**

Friday	Retreat at The USU Training Center in Bear Lake UT and the Horse Camp
4 p.m.	Retreat sites open!
	(Dinner available as first come, first serve at the Training Center & Horse Camp)
Saturday	Training Center & Horse Camp

(Breakfast available at Training Center & Horse Camp)

Social Hour & Activities

(Lunch available at Training Center & Horse Camp)

6 p.m. Dinner at USU Training Center

8 p.m.-10-ish Medicine Person Blessing at Training Center

Sunday Training Center & Horse Camp

(Breakfast available at Training Center & Horse Camp)

Clean-up and Check-Out at USU Training Center & Horse Camp

(Lunch available at Training Center & Horse Camp)

2 p.m. The Utah State University Training Center in Bear Lake UT closes

Check-in at lodging in Logan UT for the Convention

5 p.m. Sweat Lodge (Tentative)

Monday USU – Taggart Student Center (TSC), Ballroom-Convention

(floor room #)

8:00 a.m. Conference Breakfast

8:30 a.m. Opening Prayer

11:30 a.m. Lunch independently or socially with SIP members at USU's

(name) restaurant located in Taggart Student Center.

1:00 p.m. Reconvene

3:15 p.m. Business meeting (All conference attendees are welcome)

5:30 p.m. Closing prayer is scheduled but the meeting tends to conclude at

about 7 p.m.

7:30 p.m. Talking Circle for Students (\* Common Area of the Living

Learning Community, USU Residence Halls)

Tuesday USU – TSC, Ballroom-Convention (floor room #)

8:00 a.m. Continental Breakfast

8:30 a.m. Opening Prayer

12:00 p.m. Lunch provided compliments of the USU Psychology Department

3:00 p.m. Convention Reflections & Closing Prayer

# What are the conference and retreat registration and attendance fees?

## Registration

Retreat Registration fee = \$ Conference Registration fee = \$ Food is included with registration.

### **Retreat Lodging**

USU Training Center lodging fee = Horse Camp lodging fee =

## **Conference Lodging**

The Living Learning Center lodging fee = \$25 shared room per night; \$50 single room per night The University Inn lodging fee =

## How do I register for the conference and retreat?

You can register online, fax or via mail. Please find registration information at the following link:

http://sipconvention.org/Registration.cfm?title=Registration

## What are the lodging options for the retreat and conference?

### **Retreat Lodging options include:**

#### **USU** Training Center lodging

The USU Training Center at Bear Lake is a dorm-style housing option. The training center has () room with bunk beds, 4 beds to a room, and shared bathrooms and showers. Towels, sheets, and a blanket are provided. A full kitchen with a refrigerator is available.

### Horse Camp lodging

Lodging at the Horse camp includes the following camp gear: tents, sleeping bags, camping pads, pillows) is available for those staying at the horse camp.

## **Convention lodging options include:**

## The Living Learning Center lodging

The Living Learning Center is the USU resident hall with dorm-style housing. Lodging includes a small bed, sheets, shared lounge area with a couch, table, sink, refrigerator, and microwave.

This lodging option does not include hotel-style amenities such as soap, shampoo, towels etc., room service or dishes and utensils. There are limited check-in hours. Alcohol and incense are prohibited.

Shared rooms typically have two people and each bathroom is shared between four people. Please be aware that there is sometimes confusion about who has a private room, so if did not get one and paid for one, please let the front desk know. Please be sure to hang on to your room key, there is a charge if you lose it. To view photos of the Living Learning Center click here: <a href="http://sipconvention.org/Lodging.cfm?title=Lodging%20Information">http://sipconvention.org/Lodging.cfm?title=Lodging%20Information</a>.

View a USU campus map to find the Living Learning Center here: http://sipconvention.org/includes/directions llc.pdf

### The University Inn lodging

The University Inn is on campus adjacent to the Taggart Student Center where the conference is held. Special conference rates are available. Your stay includes complimentary covered parking, a breakfast bar, and coupons for a Famous Aggie Ice Cream. To view photos click here: <a href="http://sipconvention.org/Lodging.cfm?title=Lodging%20Information">http://sipconvention.org/Lodging.cfm?title=Lodging%20Information</a>. View USU campus map to find The University Inn (#42) here: <a href="http://sipconvention.org/includes/directions\_llc.pdf">http://sipconvention.org/includes/directions\_llc.pdf</a>

## Additional conference lodging options in Logan

Can be found here: http://sipconvention.org/Lodging.cfm?title=Lodging%20Information.

# What are the transportation options for the retreat and conference?

Airport: Salt Lake City

Airport shuttle to Logan: http://www.saltlakeexpress.com/

From Logan to Retreat Centers: arrange for carpool with Melissa Tehee.

For carpool solicitations please feel free to make an announcement on the SIP listserve. (who actually has access to this. Would new comers have access?

Transportation between sites are often available through carpool.

## Where can I park my car?

Parking is free during the retreat at the USU Training Center and the Horse Camp.

Conference parking at USU is \$5 per day and located in the Big Blue and Aggie Terraces only. The University Inn lodging includes complimentary parking. More information can be found at <a href="http://sipconvention.org/Travel.cfm?title=Travel%20Information">http://sipconvention.org/Travel.cfm?title=Travel%20Information</a>

## What activities are available during the retreat?

The purpose of the SIP retreat is to network and socialize with other psychologist with Native American interests.

On Saturday and Sunday Carolyn Barcus, the SIP retreat and convention coordinator, traditionally hosts horseback riding at the Horse Camp. Sign up at the Horse Camp and the Training Center.

There are numerous hikes in the Logan Canyon, the most popular of which is the <u>Wind Cave</u>; some other hiking options include <u>Naomi Peak</u>, <u>White Pine Lake</u>, and <u>The Crimson Trail</u>; for an easier, nature trail type hike you may consider <u>Limber Pine Trail</u>).

Garden City (Bear Lake) is known for their "famous raspberry shakes."

Bear Lake is beautiful! You can swim and find water activity rentals.

Enjoy the view on the deck at the retreat center or around the campfire at the Training Center or Horse Camp.

#### Is cellular service and Wifi available?

Cell service is available at the Retreat Center and in the town of Garden City, which is where the Center is located. There is no cell service in the canyon, including the horse camp. Wifi...

Cell service and Wifi is available at USU.

## What should I pack for the retreat and conference?

During the retreat you will want casual day clothes for warm weather. Bring clothing and any desired items for activities including hiking, swimming, horseback riding, and sitting by the fire. All activities are optional.

If you are camping, make sure to bring warm layers such as socks, hats, and gloves because it can get cold at that elevation, even in the summer.

Bring appropriate clothes to get dirty and literally sweat in for the sweat lodge. Women typically wear long skirts in the sweat lodge; cotton crinkle type skirts are nice. Of course, participation is optional.